

OKLAHOMA | WINGSPAN

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UPCOMING EVENTS

March

18-20 SAREX-SAR Eval

April

9-10 Mission Pilot Clin.

22-24 Wing Conference

30 CD Training

29-30 FTX

May

1 FTX continued

14-15 SKS

20-22 SAREX

June

4-5 Pilot Clinic

11-12 Aerospace America

18-25 Cadet Encampment

COMMENTS FROM THE COMMANDER

Col. Virginia Keller

The big event for this month is fast approaching and I hope you are making plans to be at Woodring Airport in Enid so that we can impress the Air Force with how well the Oklahoma Wing is prepared to perform Missions for America. Just do your best, nobody can ask more than that.

Just double check your uniform to make sure you are as squared away as possible. Check yourself, your buddy and anyone, if you see something that needs improvement, they shouldn't be offended if you bring it to their attention. It will reflect on the whole wing. Check the vans, the aircraft, your equipment, fire extinguishers, first aid kits, etc. etc. etc. Look at this as an opportunity for us to shine.

Maj. Gen Wheless has written a new Safety Pledge that he would like every unit to recite at every unit activity.

Safety Pledge

As a Civil Air Patrol member I pledge to promote an uncompromising safety environment for myself and others, and to prevent the loss of, or damage to Civil Air Patrol assets entrusted to me. I will perform all my activities in a professional and safe manner, and will hold myself accountable for my actions in all of our Missions for America.

VIRGINIA KELLER, Col, CAP
Oklahoma Wing Commander

CLOSURE ON DR. NOLEN

Closure for the family and searchers of Dr. Jack Nolen, 73, was finally realized on Monday, February 14 in a pasture about four miles north of Holdenville. While feeding his cattle, Audi Sanford found the wreckage and body of Nolen, who had been missing a month, in a thick grove of trees.

The cause of the crash has not been determined, but it has been reported that the Muskogee doctor did not have a medical certificate required of all licensed pilots.

Thanks again to all CAP members who volunteered their time and energy for this mission.

SPACE CAMP AND AVIATION CHALLENGE

Provided by Blake Mathis

Greetings from Space Camp and Aviation Challenge in Huntsville, AL. This is just a quick note to CAP members to let you know what is going on here this summer. I hope that you will share this information with other cadets and seniors in your group. If you would not like to get an email from me on occasion, please email me or call me and I will be glad to remove your email address. As many of you know, I work to get great deals for CAP members to attend our programs. I grew up as a cadet and love CAP. Our weeklong programs qualify as Cadet Special Activities. Now, to the news.

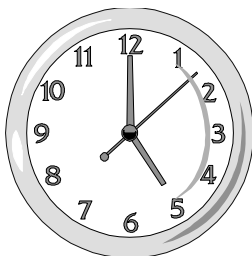
Currently, if you are between the ages of 9-14, you can attend our weeklong program with a buddy and you each save \$250 off tuition. You must attend between May 22 and August 21, 2005 and you must register at the same time. You must sign up by April 15, 2005. Other restrictions do apply, so call me for full details. For ages 12-18, we have a new 13-day program for you elite astronaut candidates and future fighter pilots. I still have 6-day camps for ages 15-18 as well. Call me for details. We still offer adult weekend and weeklong programs as well as parent/child camp for adults and children ages 7-12. Many CAP seniors have brought their children or grand-children to camp with them. As for you that think you might have what it takes to get a group together, you can get great prices with 12 people or more. Call for details and I will be glad to help you get a group together. You can mix with other units and such.

If you have any questions about Space Camp or Aviation Challenge, please contact me at the numbers below. Each year, the number of CAP members that attend our program increase a little. The more CAP members I can get here, the better prices I will try and get. I have been overwhelmed with calls the past few months wanting to know if there will be a CAP special. It is my hopes, this email will get to all those interested, and again, please contact we if you do not want to get an email from me. Thanks for your help and I look forward to helping you in the near future.

Blake Mathis
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**Daylight
Saving
Time
Begins
April 3.**



**Safety
has no
Quitting
Time**

CADET PHYSICAL FITNESS TEST - STANDARDS REVISED

Policy Letter from DWIGHT H. WHELESS, Major General, CAP National Commander

1. Effective immediately, the National Commander, exercising the authority of imposing emergency regulations and policies, amends the Cadet Physical Fitness Test (CPFT) requirements prescribed in CAPR 52-16, *Cadet Program Management* (paragraph 1-3B), and the related pamphlet, CAPP 52-18, *Cadet Physical Fitness Program* (chapter 5), as follows:

2. Revised Test Standards – Category I Cadets. Most cadets are assigned to Physical Fitness Category I, and for them the simple rule is “Run plus 2 out of 3.” Category I cadets must meet the performance standards listed in CAPP 52-18 for the mile run or shuttle run, plus two of the three other CPFT events (curl-ups, push-ups, and the sit-and-reach) to pass the CPFT. Cadets need not declare in advance which two events they will attempt, and should be encouraged to attempt all test events if logistically feasible.

Example: If a cadet passes the shuttle run, push-ups, and sit-and-reach, but fails the curl-ups and the mile run, the cadet earns an overall passing grade for the CPFT.

3. Revised Test Standards – Category II, III, and IV Cadets. Cadets assigned to Physical Fitness Categories II, III, or IV are waived from one or more CPFT events due to a medical condition. Testing officers score each waived event as a “pass.” Cadets need not declare in advance which two events they will attempt, and should be encouraged to attempt all test events if logistically feasible.

Example: Suppose a cadet broke his or her arm, is temporarily assigned to Category II, and is waived from the push-up, yet remains able to perform all other events. To earn an overall passing grade for the CPFT, this cadet would need to pass the mile or shuttle run, and either the curl-up or sit-and-reach (the push-up is scored as a “pass”).

4. Individual Differences. Some cadets who are relatively fit may nevertheless struggle with a particular event. The “run plus 2 out of 3” rule recognizes that reality and makes an accommodation for individual differences. The National Cadet Program Committee and the National Cadet Advisory Council studied this issue together and support this policy change.

5. Award Programs. The “run plus 2 out of 3” rule affects some award programs as well.

A. President’s Challenge: Cadets remain eligible to earn President’s Challenge Awards (see CAPP 52-18, chapter 4). However, cadets must pass all CPFT events (the “run plus 2 out of 3” rule described above does not apply) to qualify for these awards. Nevertheless, commanders should encourage their cadets to strive to meet the President’s Challenge.

B. CAP Squadron Physical Fitness Awards: When a unit attempts to earn a Squadron Physical Fitness Award, the “run plus 2 out of 3” rule applies. If 70% of a squadron’s cadets meet or surpass the bronze, silver or gold standards described in CAPP 52-18, using the “run plus 2 out of 3” rule, then the unit qualifies for the award.

6. Effective Dates. This policy letter takes effect immediately. It does not allow for any “grandfather” provisions. The policy will remain in effect through the 2005 National Board Meeting (20 August 2005).



OK WING CONFERENCE

The Oklahoma Wing Conference will be held at the Tulsa Marriott Southern Hills Hotel on 22-24 April. The cost for conference and banquet will be \$45.00 per person. Registration forms can be obtained on line and are due at Wing headquarters by April 2.



AROUND THE WORLD IN 67 HOURS

Kathy Curtin, Capt, CAP, PAO

On Thursday, March 4, 2005, Steve Fossett flew into record books by completing the first around the world solo flight without stopping or refueling. The 23,000 mile journey, which began and ended in Salina, Kansas, lasted 67 hours. It was reported that 12 milkshakes and water were the nourishment which kept him going.

Fossett can certainly serve as an inspiration to anyone young or old who has a dream waiting to be fulfilled. There are still records to be set or old ones to beat.

My, How Time Flies...

In 1933, it took over seven days for Wiley Post to make the first solo trip around-the-world.

In 2005, it took Steve Fossett only 67 hours to complete the journey.

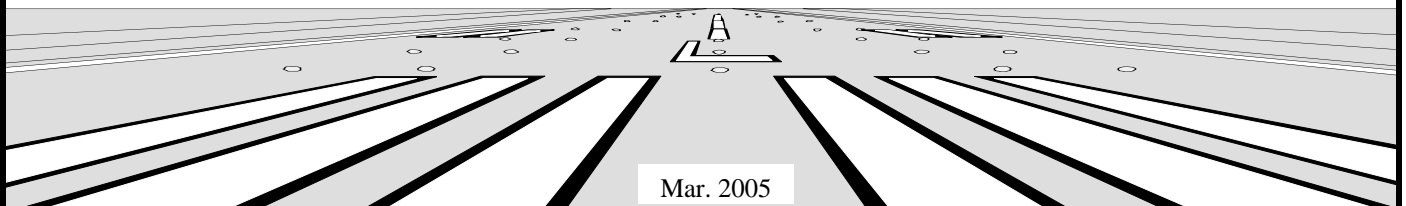


***“A mile of highway will take you a mile,
but a mile of runway will take you anywhere.”***

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to importance, timeliness, and available space. Articles submitted are printed “As-Is” and the Public
Affairs Officer assumes no responsibility for correctness, punctuation, and grammar.*

Comments or articles can be submitted to the attention of OK WINGSPAN at OkHorseFly@aol.com.



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